



Mutagenesis — Tadalafil was not mutagenic in the *in vitro* bacterial Ames assays or the forward mutation test in human lymphoma cells. Tadalafil was not clastogenic in the *in vivo* chromosome aberration test in human lymphocytes or the *in vivo* micronucleus assays.

Impairment of Fertility — There were no effects on fertility, reproductive performance or reproductive toxicology in male or female rats treated with tadalafil at 10, 30, or 100 mg/kg/day for 14 weeks. AUCs for unbound tadalafil of 14.4-fold for males or 26-fold for females for exposures observed in human males given the MPOD of 20 mg. In bachelors given tadalafil daily for 3 to 2 months, there was treatment-related non-reversible degeneration and atrophy of the testicular tubule epithelium in the testes in 20 to 100% of the dogs that resulted in a decrease in spermatogenesis in 40 to 75% of the dogs at doses of ≥ 10 mg/kg/day. Systemic exposure (based on AUC) at no-observed-adverse-effect-level (NOAEL) (10 mg/kg/day) for unbound tadalafil was similar to that observed in humans at the MPOD of 20 mg. There were no treatment-related testicular findings in rats or mice treated with doses up to 400 mg/kg/day for 2 years.

13.2 Animal Toxicology and/or Pharmacology

Animal studies showed vascular information in tadalafil-treated mice, rats, and dogs. In mice, rats, and dogs, lymphoid necrosis and hemorrhage were seen in the spleen, thymus, and mesenteric lymph nodes at unbound tadalafil exposure of 2 to 36-fold above the human exposure (AUC) at the MPOD of 20 mg. In dogs, an increased incidence of disseminated arteritis was observed in 1- and 6-month studies at unbound tadalafil exposure of 1- to 34-fold above the human exposure (AUC) at the MPOD of 20 mg. In a 12-month dog study, no disseminated arteritis was observed, but 2 dogs exhibited marked decreases in white blood cells (neutrophils) and moderate decreases in platelets with inflammatory signs at unbound tadalafil exposure of approximately 14- to 19-fold the human exposure at the MPOD of 20 mg. The abnormal blood cell findings were reversible within 2 weeks after stopping treatment.

14. CLINICAL STUDIES

14.1 Tadalafil Use as Needed for ED

The efficacy and safety of tadalafil in the treatment of erectile dysfunction has been evaluated in 22 clinical trials of up to 24-week duration, involving over 4,000 patients. Tadalafil, when taken as needed to treat ED, was shown to be effective in improving erection function in men with erectile dysfunction (ED).

Tadalafil was studied in the general ED population in 7 randomized, multicenter, double-blind, placebo-controlled, parallel-arm design, primary efficacy and safety studies of 12- and 24-week duration, respectively. Two of these studies were conducted in the United States and 5 were conducted in centers outside the U.S. Additional efficacy and safety studies were performed in ED patients with diabetes mellitus and in patients who developed ED status post bilateral nerve-sparing radical prostatectomy.

In these 7 trials, tadalafil was used as needed at doses ranging from 2.5 to 20 mg up to once per day. Patients were free to choose the time interval between doses administration and the time of sexual activity. Food and alcohol intake were not restricted.

Several assessment tools were used to evaluate the effect of tadalafil on erection function. The 3 primary outcome measures were the Erectile Function (EF) domain of the International Index of Erectile Function (IIEF) and Questions 2 and 3 from Sexual Encounter Profile (SEP). The IIEF is a 5-item self-rated questionnaire that was administered at the end of a treatment-free baseline period and subsequently at follow-up visits after randomization. The IIEF EF domain has a 30-point total score, where higher scores reflect better erection function. SEP is a diary in which patients recorded each sexual attempt made throughout the study. SEP Question 2 asks, "Were you able to insert your penis into your partner's vagina?" SEP Question 3 asks, "Did your erection last long enough for you to have successful intercourse?" The overall percentage of successful attempts to insert the penis into the vagina (SEP2) and to maintain the erection for successful intercourse (SEP3) is derived for each patient.

Results in General ED Population in U.S. Trials — The primary U.S. efficacy and safety trials included a total of 404 patients with erectile dysfunction, with mean age of 59 years (range 19 to 82 years). The population was 78% White, 14% Black, 7% Hispanic, and 1% of other ethnicities, and included patients with ED of various severities, etiologies (organic, psychogenic, mixed), and with multiple co-morbid conditions, including diabetes mellitus, hypertension, and other cardiovascular disease. Most (>90%) patients reported ED of at least 1-year duration. Study A was a 12-week, placebo-controlled, double-blind, parallel-arm design study of tadalafil 20 mg versus placebo. In this trial, tadalafil demonstrated clinically meaningful and statistically significant improvement in erection function, as measured by the EF domain of the IIEF questionnaire and Questions 2 and 3 of the SEP diary (see Table 10). The treatment effect of tadalafil did not diminish over time.

Table 11: Mean Endpoint and Change from Baseline for the Primary Efficacy Variables in the Two Primary U.S. Trials

EF Domain Score	Study A		Study B			
	Placebo (N=49)	Tadalafil 20 mg (N=146)	Placebo (N=43)	Tadalafil 20 mg (N=155)		
Endpoint (Change from baseline)	13.5 (1.6)	17.8 (1.1)	13.6 (2.3)	22.5 (2.3)		
Change from baseline	-0.2	6.9	<.001	0.3	<.001	
Insertion of Penis (SEP2)						
Endpoint	39%	62%	40%	77%		
Change from baseline	2%	26%	<.001	2%	<.001	
Maintenance of Erection (SEP3)						
Endpoint	25%	50%	<.001	23%	64%	
Change from baseline	5%	34%	<.001	4%	44%	<.001

Results in General ED Population in Trials Outside the U.S. — The primary U.S. efficacy and safety studies included a total of 404 patients with erectile dysfunction, with mean age of 59 years (range 19 to 82 years). The population was 78% White, 14% Black, 7% Hispanic, and 1% of other ethnicities, and included patients with ED of various severities, etiologies (organic, psychogenic, mixed), and with multiple co-morbid conditions, including diabetes mellitus, hypertension, and other cardiovascular disease. Most (>90%) patients reported ED of at least 1-year duration. Study A was a 12-week, placebo-controlled, double-blind, parallel-arm design study of tadalafil 20 mg versus placebo. In this trial, tadalafil demonstrated clinically meaningful and statistically significant improvement in erection function, as measured by the EF domain of the IIEF questionnaire and Questions 2 and 3 of the SEP diary (see Table 12). The treatment effect of tadalafil did not diminish over time.

Table 12: Mean Endpoint and Change from Baseline for the EF Domain of the IIEF in the General ED Population in Trials Outside the U.S.

Study C	Placebo		Tadalafil 10 mg		Tadalafil 20 mg	
	(N=90)	(N=205)	(N=164)	(N=160)	(N=160)	(N=160)
Endpoint (Change from baseline)	15 (0.7)	17.8 (1.4)	17.8 (1.4)	20.5 (1.6)	20.5 (1.6)	20.5 (1.6)
Change from baseline						
Endpoint	14.4 (1.1)	17.5 (1.1)	17.5 (1.1)	20.6 (1.6)	20.6 (1.6)	20.6 (1.6)
Change from baseline						
Endpoint	14.5 (1.0)	17.1 (1.1)	17.1 (1.1)	21.2 (1.6)	21.2 (1.6)	21.2 (1.6)
Change from baseline						

Table 13: Mean Post-Baseline Success Rate and Change from Baseline for SEP Question 2 (When you are able to insert your penis into your partner's vagina) in the General ED Population in Five Primary Trials Outside the U.S.

Study C	Placebo		Tadalafil 10 mg		Tadalafil 20 mg	
	(N=90)	(N=205)	(N=164)	(N=160)	(N=160)	(N=160)
Endpoint (Change from baseline)	49% (8%)	57% (15%)	57% (15%)	73% (25%)	73% (25%)	73% (25%)
Change from baseline						
Endpoint	46% (2%)	56% (18%)	56% (18%)	68% (15%)	68% (15%)	68% (15%)
Change from baseline						
Endpoint	55% (10%)	77% (18%)	77% (18%)	85% (35%)	85% (35%)	85% (35%)
Change from baseline						
Endpoint	42% (4%)	48% (12%)	48% (12%)	81% (27%)	81% (27%)	81% (27%)
Change from baseline						

Table 14: Mean Post-Baseline Success Rate and Change from Baseline for SEP Question 3 (Did your erection last long enough for you to have successful intercourse) in the General ED Population in Five Primary Trials Outside the U.S.

Study C	Placebo		Tadalafil 10 mg		Tadalafil 20 mg	
	(N=90)	(N=205)	(N=164)	(N=160)	(N=160)	(N=160)
Endpoint (Change from baseline)	26% (4%)	38% (10%)	38% (10%)	58% (22%)	58% (22%)	58% (22%)
Change from baseline						
Endpoint	28% (4%)	42% (24%)	42% (24%)	51% (20%)	51% (20%)	51% (20%)
Change from baseline						
Endpoint	43% (15%)	70% (14%)	70% (14%)	78% (50%)	78% (50%)	78% (50%)
Change from baseline						
Endpoint	27% (1%)	37% (11%)	37% (11%)	74% (40%)	74% (40%)	74% (40%)
Change from baseline						
Endpoint	32% (5%)	57% (33%)	57% (33%)	82% (29%)	82% (29%)	82% (29%)
Change from baseline						

Table 15: Mean Endpoint and Change from Baseline for the Primary Efficacy Variables in a Study in ED Patients with Diabetes Mellitus

EF Domain Score	Placebo		Tadalafil 20 mg	
	(N=71)	(N=72)	(N=72)	(N=72)
Endpoint (Change from baseline)	12.2 (0.1)	19.3 (0.4)	18.7 (0.3)	<.001
Change from baseline				
Insertion of Penis (SEP2)				
Endpoint	30% (4%)	57% (22%)	54% (23%)	<.001
Change from baseline				
Maintenance of Erection (SEP3)				
Endpoint	20% (2%)	48% (28%)	42% (29%)	<.001
Change from baseline				

Table 16: Mean Endpoint and Change from Baseline for the Primary Efficacy Variables in a Study in Patients who Developed ED Following Bilateral Nerve-Sparing Radical Prostatectomy

EF Domain Score	Placebo		Tadalafil 20 mg	
	(N=102)	(N=281)	(N=281)	(N=281)
Endpoint (Change from baseline)	13.3 (1.1)	17.7 (1.3)	17.7 (1.3)	<.001
Change from baseline				
Insertion of Penis (SEP2)				
Endpoint	32% (2%)	54% (22%)	54% (22%)	<.001
Change from baseline				
Maintenance of Erection (SEP3)				
Endpoint	19% (14%)	41% (23%)	41% (23%)	<.001
Change from baseline				

Results in Studies to Determine the Optimal Use of Tadalafil — Several studies were conducted with the objective of determining the optimal use of tadalafil in the treatment of ED. In one of these studies, the percentage of patients reporting successful erections within 30 minutes of dosing was determined. In a difference between the placebo group and the tadalafil group at each of the pre-specified time points. At the 24-hour time point, more specifically, 22 to 26 hours, 53/144 (37%) patients reported at least 1 successful intercourse in the placebo group versus 108/133 (81%) in the tadalafil group. At the 36-hour time point, more specifically, 33 to 39 hours, 49/133 (37%) of patients reported at least 1 successful intercourse in the placebo group versus 88/133 (66%) in the tadalafil group.

Two studies were conducted to assess the efficacy of tadalafil a given treatment after dosing, specifically at 24 hours and at 36 hours after dosing. In the first of these studies, 248 patients with ED were randomized to placebo or tadalafil 20 mg. Patients were encouraged to make a total attempt of intercourse to occur at 24 hours after dosing. In the second study, 248 patients with ED were randomized to placebo or tadalafil 20 mg. Patients were encouraged to make a total attempt of intercourse to occur at 36 hours after dosing. The results demonstrated a difference between the placebo group and the tadalafil group at each of the pre-specified time points. At the 24-hour time point, more specifically, 22 to 26 hours, 53/144 (37%) patients reported at least 1 successful intercourse in the placebo group versus 108/133 (81%) in the tadalafil group. At the 36-hour time point, more specifically, 33 to 39 hours, 49/133 (37%) of patients reported at least 1 successful intercourse in the placebo group versus 88/133 (66%) in the tadalafil group.

In the second of these studies, a total of 483 patients were evenly randomized to 1 of 6 groups: 3 different dosing groups (placebo, tadalafil 10 mg, or 20 mg) that were instructed to attempt intercourse at 2 different times (24 and 36 hours post-dosing). Patients were encouraged to make a separate attempt at each of the assigned dose and assigned time. In this study, the results demonstrated a statistically significant difference between the placebo group and the tadalafil groups at each of the pre-specified time points. At the 24-hour time point, more specifically, 22 to 26 hours, 53/144 (37%) patients reported at least 1 successful intercourse in the placebo group versus 108/133 (81%) in the tadalafil group. At the 36-hour time point, more specifically, 33 to 39 hours, 49/133 (37%) of patients reported at least 1 successful intercourse in the placebo group versus 88/133 (66%) in the tadalafil group.

14.2 Tadalafil Use for ED

The efficacy and safety of tadalafil for once daily use in the treatment of erectile dysfunction has been evaluated in 2 clinical trials of 12-week duration and 1 clinical trial of 24-week duration, involving a total of 833 patients. Tadalafil, when taken once daily, was shown to be effective in improving erection function in men with erectile dysfunction (ED).

Tadalafil was studied in the general ED population in 2 randomized, multicenter, double-blind, placebo-controlled, parallel-arm design, primary efficacy and safety studies of 12- and 24-week duration, respectively. Two of these studies were conducted in the United States and 1 was conducted in centers outside the U.S. An additional efficacy and safety study was performed in ED patients with diabetes mellitus. Tadalafil was taken once daily at doses ranging from 2.5 to 10 mg. Food and alcohol intake were not restricted. Timing of sexual activity was not restricted relative to patients' sleep schedules.

Results in General ED Population — The primary U.S. efficacy and safety trial included a total of 287 patients with erectile dysfunction, with mean age of 59 years (range 20 to 82 years). The population was 80% White, 6% Black, 6% Hispanic, and 2% of other ethnicities, and included patients with ED of various severities, etiologies (organic, psychogenic, mixed), and with multiple co-morbid conditions, including diabetes mellitus, hypertension, and other cardiovascular disease. Most (>96%) patients reported ED of at least 1-year duration.

The primary efficacy and safety study conducted outside the U.S. included 288 patients, with a mean age of 59 years (range 19 to 73 years). The population was 80% White, 6% Black, 6% Hispanic, and 2% of other ethnicities, and included patients with ED of various severities, etiologies (organic, psychogenic, mixed), and with multiple co-morbid conditions, including diabetes mellitus, hypertension, and other cardiovascular disease. Ninety-three percent of patients reported ED of at least 1-year duration.

In each of these trials, conducted without regard to the timing of dose and sexual intercourse, tadalafil demonstrated clinically meaningful and statistically significant improvement in erection function, as measured by the EF domain of the IIEF questionnaire and Questions 2 and 3 of the SEP diary (see Table 17). When taken as directed, tadalafil was effective at improving erection function.

In the 8-month double-blind study, the treatment effect of tadalafil did not diminish over time.

Table 17: Mean Endpoint and Change from Baseline for the Primary Efficacy Variables in the Two Tadalafil for Once Daily Use Studies

EF Domain Score	Study 1*		Study 2*				
	Placebo (N=144)	Tadalafil 5 mg (N=143)	Placebo (N=144)	Tadalafil 5 mg (N=143)			
Endpoint (Change from baseline)	14.6 (1.1)	20.8 (1.5)	15 (2.8)	22.8 (2.8)			
Change from baseline	-1.2	6.1*	0.7*	9.7*	<.001		
Insertion of Penis (SEP2)							
Endpoint	51%	65%	71%	52%	79%		
Change from baseline	5%	24%*	29%*	<.001	11%	37%*	<.001
Maintenance of Erection (SEP3)							
Endpoint	31%	50%	57%	37%	67%		
Change from baseline	10%	31%*	35%*	<.001	13%	46%*	<.001

*Twenty-four-week study conducted in the U.S.

*Twelve-week study conducted outside the U.S.

Statistically significantly different from placebo.

Efficacy Results in ED Patients with Diabetes Mellitus — Tadalafil for once daily use was shown to be effective in treating ED in patients with diabetes. In the first study (Study 1), a 12-week, randomized, placebo-controlled, parallel-arm design, primary efficacy and safety study of tadalafil 5 mg versus placebo. In this trial, tadalafil demonstrated clinically meaningful and statistically significant improvement in erection function, as measured by the EF domain of the IIEF questionnaire and Questions 2 and 3 of the SEP diary (see Table 18). The treatment effect of tadalafil did not diminish over time.

Table 18: Mean Endpoint and Change from Baseline for the Primary Efficacy Variables in a Tadalafil for Once Daily Use Study in ED Patients with Diabetes Mellitus

EF Domain Score	Placebo		Tadalafil 5 mg		
	(N=100)	(N=103)	(N=103)	(N=103)	
Endpoint (Change from baseline)	14.7 (1.8)	18.3 (1.7)	18.3 (1.7)	22.5 (2.5)	
Change from baseline	1.3	4.8*	4.5*	<.001	
Insertion of Penis (SEP2)					
Endpoint	43%	62%	61%	37%	67%
Change from baseline	5%	21%*	29%*	<.001	
Maintenance of Erection (SEP3)					
Endpoint	28%	46%	41%	37%	67%
Change from baseline	8%	26%*	25%*	<.001	

*Statistically significantly different from placebo.

14.3 Tadalafil 5 mg for Once Daily Use for Benign Prostatic Hyperplasia (BPH)

The efficacy and safety of tadalafil for once daily use for the treatment of the signs and symptoms of BPH was evaluated in 3 randomized, multicenter, double-blind, placebo-controlled, parallel-arm design, efficacy and safety studies of 12-week duration. Two of these studies were in men with BPH and one study was specific to men with both BPH and ED. In the first study (Study 1), a 12-week, randomized, placebo-controlled, parallel-arm design, primary efficacy and safety study of tadalafil 5 mg versus placebo. In this trial, tadalafil demonstrated clinically meaningful and statistically significant improvement in erection function, as measured by the EF domain of the IIEF questionnaire and Questions 2 and 3 of the SEP diary (see Table 19). The treatment effect of tadalafil did not diminish over time.

The primary efficacy endpoint in the two studies that evaluated the effect of tadalafil for the signs and symptoms of BPH was the International Prostate Symptom Score (IPSS). A four-week recall questionnaire that was administered at the beginning and end of a placebo run-in period and subsequently at follow-up visits after randomization. The IPSS assesses the severity of irritative (urgency, frequency, nocturia) and obstructive symptoms (straining, weak stream, and dribbling), with scores ranging from 0 to 35. Higher numeric scores representing greater severity. Improving urinary symptoms, as measured by the IPSS, was a secondary efficacy endpoint in this study and as a safety endpoint in Study 2.

The results for BPH patients with and without secondary symptoms and a mean age of 63.2 years (range 44 to 87) who received either tadalafil 5 mg for once daily use or placebo (N=748) in Study 1 and 4 in Study 2 are shown in Tables 19 and 20, respectively. In each of these 2 trials, tadalafil 5 mg for once daily use resulted in statistically significant improvement in the total IPSS compared to placebo. Mean total IPSS showed a decrease starting at the first scheduled observation at week 1 and remained stable through 12 weeks.

Table 19: Mean IPSS Changes in BPH Patients in Two Tadalafil for Once Daily Use Studies

Total Symptom Score (IPSS)	Study 1		Study 2			
	Placebo (N=365)	Tadalafil 5 mg (N=205)	Placebo (N=164)	Tadalafil 5 mg (N=160)		
Baseline	17.1	17.3	16.8	17.1		
Change from Baseline to Week 12	-2.2	-4.8	<.001	-3.6	-5.6	0.04

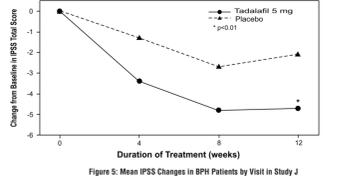


Figure 19: Mean IPSS Changes in BPH Patients by Visit in Study 1

In Study 1, the effect of tadalafil 5 mg once daily on maximum urinary flow rate (Q_{max}) was evaluated as a secondary efficacy endpoint. Mean Q_{max} increased from baseline in both the treatment and placebo groups (tadalafil 5 mg, 1.6 mL/sec; placebo, 1.2 mL/sec); however, these changes were not significantly different between groups.

In Study 2, the effect of tadalafil 5 mg once daily on Q_{max} was evaluated as a safety endpoint. Mean Q_{max} increased from baseline in both the treatment and placebo groups (tadalafil 5 mg, 1.6 mL/sec; placebo, 1.2 mL/sec); however, these changes were not significantly different between groups.

Efficacy Results in Patients with BPH and Erectile Dysfunction — Tadalafil for once daily use, initiated together with finasteride, was shown to be effective in treating the signs and symptoms of BPH in men with and without erectile dysfunction. In the first study (Study 1), a 12-week, randomized, placebo-controlled, parallel-arm design, primary efficacy and safety study of tadalafil 5 mg with finasteride 5 mg versus placebo with finasteride 5 mg. The study population had a mean age of 64 years (range 46 to 80) and included patients with multiple co-morbid conditions such as erectile dysfunction, diabetes mellitus, and other cardiovascular disease were included.

The primary efficacy endpoint in this study was the total IPSS at 12 weeks. The primary study population was 658 patients with BPH and ED. In this study, tadalafil 5 mg with finasteride 5 mg demonstrated statistically significant improvement in the total IPSS compared to placebo with finasteride 5 mg, as measured by the total IPSS at 12 weeks. The primary study population had a mean age of 64 years (range 46 to 80) and included patients with multiple co-morbid conditions such as erectile dysfunction, diabetes mellitus, and other cardiovascular disease were included.

Tadalafil with finasteride demonstrated statistically significant improvement in the signs and symptoms of BPH compared to placebo with finasteride, as measured by the total IPSS at 12 weeks. The primary study population had a mean age of 64 years (range 46 to 80) and included patients with multiple co-morbid conditions such as erectile dysfunction, diabetes mellitus, and other cardiovascular disease were included.

Table 20: Mean Total IPSS Changes in BPH Patients in a Tadalafil for Once Daily Use Study Together with Finasteride

Total Symptom Score (IPSS)	Placebo and 5 mg Finasteride		Tadalafil 5 mg and 5 mg Finasteride		
	(N=347)	(N=344)	(N=347)	(N=347)	
Baseline	349	344	344	347	
Change from Baseline to Week 4*	-2.3	-3.0	-4.1	-1.7	<.001
Change from Baseline to Week 12*	-3.8	-3.7	-5.2	-1.4	<.001
Change from Baseline to Week 26*	-4.5	-3.8	-5.5	-1.1	<.002

*Overall ITT population.

*Based on data for repeated measurements.

Unadjusted mean.

